- Last week started Book of Deut – Moses farewell address – 34 chapters
    - Re-tells story only highlights
    - Vetchanan – best BM portion b/c Shema, Vahavtah & 10 commandments
        - We'll study all of those this weekend
    - FOCUS – VISHINANTAM L'VANECHA / *Impress these words upon your children.*
        - NOT teach, NOT tell – IMPRESS
    - **HOW DO YOU MAKE A LASTING IMPRESSION ON A CHILD? ON AN ADULT? ON A COMMUNITY?**
    - *I've been asking myself that question since I arrived?*
- Moses talks a long time – that's one way, but not mine.
- Vahavtah – three core values (Levavcha, Nafshecha, Modecha – Heart, Soul, Strength.
    - What you believe (Heart)
    - What you value (Soul)
    - What you do (Strength)
- MY THREE – essence of my Jewish identity and Judaism in general
    - BELIEVE – Live like you're dying
        - **This is the only life you get – fill it with holiness, with love, with service to others, with intention and attention. Don't waste it – nobody has two funerals.**
    - VALUE – Empathy
        - The core Jewish value – Hillel Golden rule
        - Be more observant Jews – not of ritual but each other and the world around us.
        - At the center of the Trayvon Martin judgment was the question

of empathy. Who's situation the jury empathized with more.
        - Empathy is hard – understanding situations you haven't experienced yourself.
        - Jewish stories – the Haggadah give us points of reference.
        - **Treat every person you meet as though they were your own child and be an empathic expression and extension of God in their lives.**
    - DO – Live on Jewish Time
        - Jewish calendar blueprint for living a life of meaning.
        - Stop for Shabbat, Make time for study
        - Practice Tzedakkah & G'mulut hassadim daily.
        - Sit Shiva, say kaddish, say a motzi before you eat your lunch at work
        - **Live your life on Jewish time and you'll find time for more meaningful things**

Moses summarized the lessons learned at the end of the journey in the hopes they would make a lasting impression on the people. Ours is just beginning together – but my hope is the same – that these values guide us along our way.

- Levavcha / Believe - Live like you won't live forever
    - So you'll have no regrets
- Nafshecha / Value - Put yourself in another person's shoes – meet them in relationship
    - It will bring clarity to your life and empathy for others
- Modecha / Do - Schedule moments of holiness and connection with a power greater than yourself
    - Even God took a day off